

SEASONAL VEGETABLES

GROWN IN

WESTERN AUSTRALIA



	SPRING	SUMMER	AUTUMN	WINTER
Asparagus				
Bean - Broad				
Bean - Runner				
Bean - Stringless				
Beetroot				
Broccoli				
Brussels Sprouts				
Cabbage				
Capsicum				
Carrot				
Cauliflower				
Celery				
Chilli				
Chinese Veg				
Cucumber				
Eggplant				
English Spinach				
Garlic				
Globe Artichoke				
Herbs				

	SPRING	SUMMER	AUTUMN	WINTER
Leek				
Lettuce				
Mushroom				
Onion				
Parsnip				
Pea / Snow Pea				
Potato				
Pumpkin				
Radish				
Rhubarb				
Silverbeet				
Spring Onion				
Squash				
Swede				
Sweet Corn				
Sweet Potato				
Tomato				
Turnip				
Zucchini				

This chart lists the peak season for various vegetables. Vegetables purchased during the local growing season are usually the cheapest and best eating quality. However many types of produce are now available year around.



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Partner:



Government of **Western Australia**
Department of **Health**

